



2020 SHORT COURSE WINTER CHAMPIONSHIPS

17 – 19 July 2020

TSB Pool - Page Street, Stratford



- Friday 17th July** - Session 1, Heats Warm-up 3.30pm, start 4.30pm
Session 2, Finals Start 45 mins after last race in Session 1
- Saturday 18th July** - Session 3, Heats Warm-up 8.00am, start 9.00am
Session 4, Finals Warm-up 3.30pm, start 4.30pm
- Sunday 19th July** - Session 5, Heats Warm-up 8:00am, start 9:00am.
Session 6, Finals Start 60 mins after last race in session 5.

Friday

17 July

Session 1			
Age	Female	Male	
Warm up 3.30pm start : 4.30pm			
Event 1	Mixed 12/U 100m Medley		
10/U			heats
11/12			heats
Event 2	Mixed 13/O 100m Medley		
13/14	1:40.00	1:35.00	heats
15/O	1:35.00	1:30.00	heats
Event 3	Mixed 12/U 200m Breaststroke		
10/U			T/F
11/12			T/F
Event 4	Mixed 13/O 200m Breaststroke		
13/14	3:30.00	3:18.00	T/F
15/O	3:25.00	3:12.00	T/F
Event 5	Mixed 12/U 50m Backstroke		
10/U			heats
11/12			heats
Event 6	Mixed 13/O 50m Backstroke		
13/14	42.00	40.00	heats
15/O	40.00	37.00	heats
Event 7	Open Girls 800m Freestyle		
	<i>Fastest heat swam in finals</i>		T/F
Event 8	Open Boys 800m Freestyle		
	<i>Fastest heat swam in finals</i>		T/F

Session 2	
<i>(starts 45 minutes after last race in Session 1)</i>	
Events 7,8,1, 2, 5, & 6	finals

Entry Details
<p>Closing date for entries :</p> <ul style="list-style-type: none"> 8.00pm 12th July 2020 To be entered directly into the SNZ Database Late entries not accepted (excludes relay) Entries for the relay event to be in by the <u>end</u> of session 3 (Saturday morning session) <p>Entry Fees :</p> <ul style="list-style-type: none"> \$5.00 per event (relay - free) Paid by credit card when placing entries when entering online. <p>e-mail : taranakiswimming@gmail.com</p> <p>website : www.swimmingtaranaki.co.nz</p>

Saturday

20 July

Session 3			
Age	Female	Male	
warm-up : 8.00am start : 9.00am			
Event 9	Mixed 12/U 200m Freestyle		
10/U			heats
11/12			heats
Event 10	Mixed 13/O 200m Freestyle		
13/14	2:41.00	2:30.00	heats
15/O	2:37.00	2:25.00	heats
Event 11	Mixed 12/U 50m Breaststroke		
10/U			heats
11/12			heats
Event 12	Mixed 13/O 50m Breaststroke		
13/14	45.00	44.00	heats
15/O	43.00	41.00	heats
Event 13	Mixed 12/U 50m Butterfly		
10/U			heats
11/12			heats
Event 14	Mixed 13/O 50m Butterfly		
13/14	40.00	37.00	heats
15/O	37.00	35.00	heats
Event 15	Mixed 12/U 50m Freestyle		
10/U			heats
11/12			heats
Event 16	Mixed 13/O 50m Freestyle		
13/14	36.00	34.00	heats
15/O	34.00	31.00	heats
Event 17	Mixed 12/U 100m Backstroke		
10/U			heats
11/12			heats
Event 18	Mixed 13/O 100m Backstroke		
13/14	1:30.00	1:23.00	heats
15/O	1:25.00	1:18.00	heats
Event 19	Girls 13/U 200m Butterfly		
13/U	3:35.00		T/F
Event 20	Girls 14/O 200m Butterfly		
14/O	3:35.00		T/F
Event 21	Boys 13/U 200m Butterfly		
13/U	3:35.00		T/F
Event 22	Boys 14/O 200m Butterfly		
14/O	3:35.00		T/F
Event 23	Mixed 12/U 200m Medley		
10/U			heats
11/12			heats
Event 24	Mixed 13/O 200m Medley		
13/14	3:10.00	3:00.00	heats
15/O	3:00.00	2:48.00	heats

Session 4			
Warm-up 4.30pm Start: 5.30			
Event 25	Mixed Open 100m Free Relay		
	<i>2 person relay(1 male & 1 female)</i>		T/F
Event 26	Open Girls 1500m Freestyle		
			T/F
Event 27	Open Boys 1500m Freestyle		
			T/F
Events 9 -18 & 23-24	finals		

Sunday

21 July

Session 5			
Age	Female	Male	
warm-up : 8.00am start : 9.00am			
Event 28	Girls 13/U 400m Freestyle		
13/U	6:00.00	-	T/F
Event 29	Girls 14/O 400m Freestyle		
14/O	5:30.00	-	T/F
Event 30	Boys 13/U 400m Freestyle		
13/U	-	5:40.00	T/F
Event 31	Boys 14/O 400m Freestyle		
14/O	-	5:05.00	T/F
Event 32	Mixed 12/U 100m Butterfly		
10/U			heats
11/12			heats
Event 33	Mixed 13/O 100m Butterfly		
13/14	1:30.00	1:25.00	heats
15/O	1:25.00	1:15.00	heats
Event 34	Mixed 12/U 100m Breaststroke		
10/U			heats
11/12			heats
Event 35	Mixed 13/O 100m Breaststroke		
13/14	1:40.00	1:35.00	heats
15/O	1:35.00	1:30.00	heats
Event 36	Mixed 12/U 200m Backstroke		
10/U			T/F
11/12			T/F
Event 37	Mixed 13/O 200m Backstroke		
13/14	3:05.00	2:50.00	T/F
15/O	3:00.00	2:44.00	T/F
Event 38	Mixed 12/U 100m Freestyle		
10/U			heats
11/12			heats
Event 39	Mixed 13/O 100m Freestyle		
13/14	1:15.00	1:10.00	heats
15/O	1:12.00	1:06.00	heats

Session 6			
Start approx 60 mins after last race in session 5			
Age	Female	Male	
Event 40	Girls 13/U 400m Medley		
13/U	7:00.00		T/F
Event 41	Girls 14/O 400m Medley		
14/O	7:00.00		T/F
Event 42	Boys 13/U 400m Medley		
13/U	6:30.00		T/F
Event 43	Boys 14/O 400m Medley		
14/O	6:30.00		T/F
Events 32 - 35 & 38- 39	finals		

Meet Rules
<ul style="list-style-type: none"> refer over for meet rules for further information see the Swimming Taranaki website.

Meet Rules

1. **All swimmers:** Must be financial competitive members of a Swimming New Zealand affiliated Swimming Club.
2. **All events:** Will be conducted under the SNZ rules and local rules.
*Some events may be combined due to low entry numbers.
*Taranaki records - \$30 prize money awarded for the oldest Taranaki record broken by a Taranaki Swimmer
3. **Entries Close-off:** Entries close at 8.00pm on 12th July 2020 - late entries will not be accepted.
4. **Proof of times:** Times must be in the SNZ database and have been achieved at an approved meet.
5. **Age:** As at first day of meet.
6. **Entry Times:** To be converted to 25 metre short course times.
7. **Qualifying Period:** 1 January 2019 – 12 July 2020.
8. **Qualifying Times:** must be submitted for all events – No Time (NT) will not be accepted. There is no qualifying times for Years 12 and under however a time must be submitted that has been swum within the qualifying period.
9. **1500 free & 800 free:** Although there is no qualifying time, a current time within the qualifying period must be submitted. These are open male and female event which will be swum as timed finals. Winners will be declared on times.
b) Taranaki 12/U Champs – 1500m & 800m Freestyle will be run in conjunction with this meet.
10. **Relay:** (event 25): Mixed freestyle (2x50m) must be one male and one female, teams may consist of swimmers from different clubs, fastest team will be declared the winner. Entries to be in by the end of session 3 (Saturday morning session). Winners receive \$20 each.
11. **Technical/Performance Race Suits** are not allowed to be worn for junior swimmers aged 12 years and under. A technical / performance race suit is a specialized swimsuit designed with bonded/meshed seams or kinetic tape. In simpler terms, tech suits don't appear to have seams.
12. **Finals:** Finals will be swum as separate male and female age groups – 10/U, 11/12, 13/14, 15/O.
13. **400 Free, 400IM, 200 Butterfly:** Timed finals, swum as male and female 13/U and 14/O.
14. **200 Breaststroke, 200 Backstroke:** Timed finals, swum as male and female 12/U and 13/O.
15. **Starts:** over the top starts will apply for the Heats sessions only.
16. **Swimming Taranaki:** reserves the right to limit entries, should the need arise.
17. **Awards:** Medals will be awarded for 1st, 2nd, 3rd and ribbons for 4th – 7th places.
18. **Team Managers:** Each club shall appoint one Team Manager who will handle all scratchings, protests, collection of disqualification slips and awards and attend any Managers' meetings. This person will also ensure that all club members adhere to the rules of the meet.
19. **Poolside Officials:** Swimming Taranaki shall endeavour to obtain the necessary number of officials. We welcome any assistance from visiting officials.
20. **Timekeepers:** Clubs are asked to provide at least one timekeeper per four swimmers per session please. Please supply names with entries.
21. **Athletes with a Disability:** Athletes who hold an IPC Classification are eligible to participate and will seeded amongst able-bodied athletes on the basis of entry times for the heats sessions. Finals will be swum for AWD swimmers. It is the responsibility of the athletes or their team manager to inform the Referee before they swim of their IPC Classification in order that their swim can be judged under the applicable IPC rules.